



MY VOICE: EMPOWERMENT GROUP

FOR GIRL-IDENTIFIED TEENS WHO HAVE COMPLETED
7TH AND 8TH GRADE IN SUMMER 2018

WEDNESDAYS 5-6 PM

June 27 - August 22

(NO GROUP SESSION ON JULY⁴)

Group members will learn about communication styles, friendship, dating and sexuality, healthy relationships, body image, physical and emotional wellness, drugs and alcohol, decision-making, and how to advocate for themselves.

SENTIER PSYCHOTHERAPY

670 Cleveland Avenue South • St. Paul, MN 55116

FACILITATED BY **SARAH SOUDER JOHNSON, MEd., LPCC**

CONTACT SJohnson@SentierTherapy.com TO ARRANGE A SCREENING
DETAILS sentiertherapy.com/group-therapy/girl-power-group.html
